

HOW TO FIND YOUR PURPOSE IN RETIREMENT

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3 QUESTIONS TO LIVE A PURPOSE-DRIVEN RETIREMENT

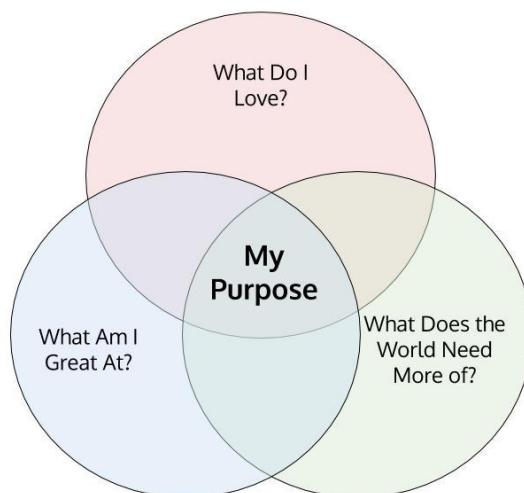
(Summary of the Questions on the last page)

I commend you for taking the effort to clarify your purpose in retirement.

Whether you're retired or thinking about doing so, this cheatsheet can help clarify your unique gifts and how you can use them to live a life of passion, purpose and significance.

In order to live a purpose-driven retirement, we need to find the common theme to these 3 questions...

1. What do I love?
2. What am I great at?
3. What does the world need more of?



On the following pages, you'll discover the answer to these questions

*If you can't figure out your purpose,
figure out your passion.
For your passion will lead you right
to your purpose.*

T.D. Jakes

Question #1

**WHAT DO
I LOVE?**

I am most energized by...

I am fascinated by...

I am at my best when...

I get bored when...

If having a hard time answering “What Do I Love?”

Try going through these questions from George Kinder. They might help discover what's most important in your life.

Try to answer each one before reading the next one.

- #1 : I want you to imagine that you are financially secure, that you have enough money to take care of your needs, now and in the future. The question is, how would you live your life? What would you do with the money? Would you change anything? Let yourself go. Don't hold back your dreams. Describe a life that is complete, that is richly yours.
- #2 This time, you visit your doctor who tells you that you have five years left to live. The good part is that you won't ever feel sick. The bad news is that you will have no notice of the moment of your death. What will you do in the time you have remaining to live? Will you change your life, and how will you do it?
- #3 This time, your doctor shocks you with the news that you have only one day left to live. Notice what feelings arise as you confront your very real mortality. Ask yourself: What dreams will be left unfulfilled? What do I wish I had finished or had been? What do I wish I had done?

The unexamined life is not worth living.

Socrates

Question

#2

WHAT AM
I GREAT
AT?

Fulfillment in life can be achieved when we are able to find our unique abilities and use them in the service of others.

Step 1 is to clarify your unique God-given abilities.

My top strengths are...

What have others said I'm good at?

Listen for compliments from others and make sure you write them down.

If you're not sure about your strengths, take the [strengthsfinder assessment here.](#)

Examples:

-**Futuristic** strength: I can energize others with my visions of the future.

-**Positivity** Strength: I have contagious enthusiasm that can get others excited. I can make their day better.

-**Connectedness** Strength: I can connect with others quickly and connect others together.

*Be the change that you wish to see
in the world.*

Gandhi

Question #3

WHAT
DOES THE
WORLD
NEED
MORE OF?

As I look at the world, I am most pained by....

My heart breaks when I hear about...

I hope these questions have started to get the wheels spinning.

It's not only about money—it's about feeling deeply fulfilled in your own personal journey.



DAVE ZOLLER, CFP®

If you'd like a free retirement planning call to talk more,
[Click the “Get Started” Button](#) to see if we have availability.

Or

Get the 5-minute weekly email helping people retire with more confidence

<https://www.davezoller.com/retirement>

👉 Questions On The Next Page 👈

Disclosure: Since I don't know your specific situation, none of this information should be considered tax or investment advice. This content is prepared for informational purposes only. You must seek the advice of professionals regarding the evaluation of this information.

Retirement Questions

What am I looking forward to doing in retirement that I CAN'T do now?

How I will continue to challenge my intellect, my faculties, and my will?

Creativity (What do I love doing?)

- I am most energized by...
- I am fascinated by...
- I am at my best when...
- Which skills I'd like to learn or get better at?
- I get bored when...
- When I walk into a bookstore, I tend to look at the _____ section.

Connection

- Who I desire to build stronger connections with, and why?

Contribution

- Who are the people and causes I would like to help?
- As I look at the world, I am most pained by....
- My heart breaks when I hear about...
- How can I help this mission or cause?

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